Able Seaman (STRCTR-1)

Length  40 hours (1 week)

Scope
This course is a classroom- and simulator-based course designed to meet the requirements for the skills and knowledge to fulfill the duties of an able seaman as specified in 46 CFR 12.05.

Objective
Participants successfully completing the Able Seaman course should be capable of undertaking all of the responsibilities of an able seaman. The course will address the following knowledge, skills, and attitudes:

- Steer the ship and comply with helm orders in the English language.
- Keep a proper lookout by sight and hearing.
- Contribute to monitoring and controlling a safe watch.
- A basic knowledge of the international regulations for preventing collisions at sea.
- A knowledge of safe working practices.
- A basic knowledge of the elements of navigation.
- A knowledge of emergency equipment and application of emergency procedures.
- A basic knowledge of anchoring, mooring, and line handling.
- A basic understanding of nautical terms.
- The practices of good seamanship.
- A basic knowledge of the measures of pollution control.
- The basic elements of survival at sea.

Entry standards
Student minimum prerequisites are:

- At least 18 years old and competent in speaking and understanding the English language.
- Hold a valid Merchant Mariner Document (MMD).
- Hold a Proficiency in Survival Craft and Marlinespike Seamanship certificate.
- Be medically fit.
- Hold a valid STCW ’95 certificate for all elements of Basic Safety Training issued within the past five years, have been approved by the USCG to examine for the Able Seaman / Lifeboat Endorsement, or meet the sea service requirements for an application for an Able Seaman / Lifeboatman Endorsement.

Teaching Facility
STAR Center, Dania Beach, Florida